

# WABA SYMPOSIUM OCTOBER 5TH - 6TH 2024 IN SARDARA (SARDINIA) - ITALY



## DRAFT SEMINARS PROGRAM - open to everybody "FREEING BODY AND MIND IN WATER"



	October 5th, 2024	9:00-10:00	10.00-11:00	11:00-12.00	12:00-13.00	13:00-14:00	
SATURDAY MORNING	Lectures	welcome 09.00-09.30		Keli - P.Belardi: Watsu® Counseling 45'	Koziorowska: The Idea of Clinical Water Therapy 45'	LUNCH TIME	
	Workshop on land		09.30 Opening circle: Mamuthones or Tenores				
	Workshop in water			O. Möhwald: Floating Therapies 60'	G. De Stefani: WOGA® eutonic work 60'		
SATURDAY AFTERNOON	October 5th, 2024	14:00-15:00	15:00-16:00	16:00-17:00	17:00-18:00	18:00-19:00	21:00-23:00
	Lectures	T. Penzina: Watsu® promotion 45'	H. Guttman - M. Schleifer: Watsfulness®: Integration of Watsu® and Mindfulness 45' - a pilot		M.Marcangeli - G.Bellini: Exploring the HARA, our non mental brain 60'	R. Meyer: Watsu® with Veterans (military personnel) 45'	
	Workshop on land			F.Valentini: Yoga on water element		A.Gray: The Healing Dance - Freedom Through Precision	DJ Dance Session
Workshop in water	E. Munoz Blanco: Craniosacral Therapy in water 60'	M.Bacchilega: "The cradle of life: newborn babies in the water 45'	M.Marcangeli - G.Bellini: Exploring the HARA, our non mental brain 60'	T. Penzina: Watsu® INSieme 60'			
SUNDAY MORNING	October 6th, 2024	09:00-10:00	10.00-11:00	11:00-12.00	12:00-13.00	13:00-14:00	
	Lectures	Keli: Presentation of the new Tantsu® path certification 20' - M. Marcangeli - P.Belardi: New Watsu® Tantsu Explorer Path 20'	N.Chaverri Madden: Aquatic Therapy for Pregnant Women	M. Bacchilega: "Safe Spots" during a pregnancy session 15' - P.Belardi: Perinatal Watsu® 45'	G. Pagani: Treatment of fibromyalgia syndrome in water, Aquamialgia® method 20'	LUNCH TIME	
	Workshop on land	M.A.Bertran: The body as earth, a bridge between Watsu® and terrestrial connection			L. Voltolina: Mytical water: discovering the myths within the body. An approach with Yoga and Mytology		
Workshop in water	A.Koziorowska: Clinical therapy for palsy patients 60'	G. De Stefani: Watsu® Round updates 60'	A.Gray: The Healing Dance - Freedom Through Precision 60'	G. Pagani: Treatment of fibromyalgia syndrome in water, Aquamialgia® method 60'			
SUNDAY AFTERNOON	October 6th, 2024	14:00-15:00	15:00-16:00	16:00:17:00	17:00-18:00		20:30-22:30
	Lectures	E. Munoz Blanco: Transcending Trauma with CST in Water™ 45'	C.G.Prashant: Watsu® in Healthcare - current scenario and roadmap to future	U.Valdis: Float Therapy			Videos about AB
	Workshop on land		Keli: Tantsu: The way of the heart		P.Belardi: Art Con- tact, performance by a poetic collettive as land closing circle		
Workshop in water	Z. Jasova - R.Nedved: Water therapy aids, floats and cushions 60'		R.Meyer: Application of WATSU®for person with chronic back pain 60'				